Fifth Annual
New Frontiers in Heart Failure Therapy
Integrating Devices & Pharmacotherapy

Saturday, January 22, 2005
7:30AM – 5:00PM
The Waldorf-Astoria Hotel
301 Park Avenue
at East 49th Street
New York, NY

Jointly Sponsored by
St. Luke’s and Roosevelt Hospitals
Division of Cardiology
and
Heart Rhythm Society

CME Credit Certified by:
Beth Israel Medical Center
and St. Luke’s and Roosevelt Hospitals
The natural history of heart failure has undergone marked change with the widespread use of beta-blockers and ACE inhibitors. What was once an outlook grimmer than most cancers is now a chronic disease, albeit one with a heavy symptom burden.

Many physicians, including primary care and cardiovascular specialists, are typically responsible for the care of the heart failure patient, and must use the full array of available therapeutic options.

In parallel to medical therapy, recent trials have established the importance of devices as treatment for heart failure. While the more radical step of ventricular assist devices has gathered much of the attention, the literature supporting cardiac resynchronization therapy (CRT) and more widespread ICD implantation is substantive.

This symposium will address the compelling evidence for aggressive medical and device-based therapies for patients with chronic heart failure. Taking such an approach will enhance quality of life and prolong survival in the heart failure patient.

By participating in this continuing medical education program, attendees will understand the following:

- Treatment of heart failure requires beta-blockers and ACE inhibitors (or angiotensin receptor blockers, if not tolerated), for patients with stages A through D disease.
- The risks of heart failure are amplified by bundle branch block and related conduction disorders.
- Resynchronization therapy via biventricular pacing reverses late ventricular activation, improves ventricular function, and lessens heart failure symptoms.
- Use of prophylactic implantable defibrillator reduces the risk of death in a growing population of heart failure patients.

We hope you will attend the program and know you will gain valuable insights that will enable you to enhance the treatment of your heart failure patients.

Sincerely,

Jonathan S. Steinberg, MD
Marrick L. Kukin, MD
General Information

Date: Saturday, January 22, 2005
Time: 7:30AM–5:00PM
Tuition Fee: $100.00
Location: The Waldorf=Astoria Hotel
301 Park Avenue (at East 49th St)
New York, NY
(212) 355-3000
Room Reservations: 1-800-WALDORF

Program

Devices & Pharmacotherapy

7:30AM Registration/Continental Breakfast
8:00 OPENING REMARKS
Jonathan S. Steinberg, MD
Arrhythmia Care and Heart Failure
8:15 Translating ICD usage into clinical practice: Integrating SCD-HeFT and other clinical trials
Douglas L. Packer, MD
9:00 Atrial fibrillation in heart failure: Prevention and treatment
Hugh Calkins, MD
9:45 New concepts in the pathophysiology of ventricular dyssynchrony
Angelo Auricchio, MD, PhD
10:15 COFFEE BREAK
Update on Heart Failure Therapy
10:30 Identifying responders to CRT devices
Angelo Auricchio, MD, PhD
11:00 Surgical therapy of heart failure: An update
Bartley P. Griffith, MD
11:40 Optimal inpatient management of the heart failure patient
Stephen S. Gottlieb, MD
12:20 Optimal outpatient management of the heart failure patient: Integrating the results of recent clinical trials and guidelines
Kirkwood F. Adams, MD
1:00 LUNCH
2:00 KEYNOTE ADDRESS
Heart failure: From bench to bedside
Douglas Mann, MD
Practice Management Issues
3:00 AV Node ablation and CRT for atrial fibrillation
Hugh Calkins, MD
3:15 Recent CRT trial results: Impact on heart failure practice
Douglas L. Packer, MD
3:30 Update on tissue Doppler imaging
Farooq A. Chaudhry, MD
3:45 Epicardial lead implant: Rationale and strategies
Joseph J. DeRose, MD
4:00 BREAK
4:15-5:00 CONCURRENT “HOW TO” WORKSHOPS
A. Debate: All patients with dilated cardiomyopathy and sinus rhythm should be chronically anticoagulated
Stephen S. Gottlieb, MD versus Kirkwood F. Adams, MD
B. Options for patients who fail to respond to CRT or who have complications
Frederick A. Ehlert, MD
Margot E. Vloka, MD
C. CRT Programming: “Hands-On”
Walter Pierce, MD
Avi Fischer, MD
D. Hands-On application of tissue Doppler echocardiography
Farooq A. Chaudhry, MD

Accreditation Statement
Beth Israel Medical Center and St Luke’s & Roosevelt Hospitals are accredited by the Accreditation Council on Continuing Medical Education to sponsor continuing medical education for physicians and take responsibility for the content, quality and scientific integrity of this CME activity. St. Luke’s & Roosevelt Hospitals designate this continuing medical education activity for a maximum of 7.5 Category 1 credits towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit he/she actually spent in the educational activity.
## Faculty

### Course Directors

**Jonathan S. Steinberg, MD**  
Professor of Medicine  
College of Physicians & Surgeons  
Columbia University  
Chief, Division of Cardiology  
Director, Arrhythmia Service  
St. Luke's & Roosevelt Hospitals

**Marrick L. Kukin, MD**  
Director, Heart Failure Program  
St. Luke's & Roosevelt Hospitals

### Guest Faculty

**Kirkwood F. Adams, MD**  
Associate Professor of Medicine and Radiology  
Director, Heart Failure Program  
University of North Carolina School of Medicine  
Chapel Hill, North Carolina

**Angelo Auricchio, MD, PhD**  
Associate Professor of Cardiology  
Director of Cardiac Catheterization Laboratories  
Division of Cardiology  
University Hospital Magdeburg  
Germany

**Hugh Calkins, MD**  
Professor of Medicine  
Director, Arrhythmia Service  
Director, Electrophysiology Lab  
Johns Hopkins Hospital  
Baltimore, Maryland

**Stephen S. Gottlieb, MD**  
Professor of Medicine  
Director, Heart Failure and Transplantation  
University of Maryland  
Baltimore, Maryland

**Avi Fischer, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Attending Physician, Arrhythmia Service

**Walter Pierce, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Attending Physician, Arrhythmia Service

**Margot E. Vloka, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Attending Physician, Arrhythmia Service

### Host Faculty – St. Luke’s & Roosevelt Hospitals

**Farooq A. Chaudhry, MD**  
Associate Professor of Medicine  
College of Physicians and Surgeons  
Columbia University  
Associate Chief of Cardiology  
Director of Echocardiography

**Avi Fischer, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Attending Physician, Arrhythmia Service

**Frederick A. Ehler, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Associate Director, Arrhythmia Service

**Walter Pierce, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
Columbia University  
Attending Physician, Arrhythmia Service

**Margot E. Vloka, MD**  
Assistant Professor of Clinical Medicine  
College of Physicians and Surgeons  
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**Faculty Disclosure**  
It is the policy of Beth Israel Medical Center and St. Luke’s & Roosevelt Hospitals that faculty and sponsors disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosure information will be made available in the course handout materials.

**The following companies, thus far, have provided unrestricted educational grants in support of this activity:**  
- Amgen, Inc.  
- Biotronik, Inc.  
- Pfizer  
- St. Jude Medical, Inc.
Registration Form

Saturday, January 22, 2005

The Waldorf=Astoria Hotel
301 Park Avenue (at East 49th Street)
New York, NY
(212) 355-3000

Name ________________________________________________Title____________________________
Address________________________________________________________________________________
City __________________________________________________State___________ Zip____________
Telephone ____________________________________ Fax_____________________________________
E-Mail________________________________________________ Specialty _______________________
(Be sure to include your e-mail address as confirmation/receipt will be sent electronically.)

For room reservations
Call 1-800-WALDORF, and identify yourself as a participant in the
St. Luke’s and Roosevelt Cardiac meeting. The special rate of $219, plus applicable
taxes, is good until December 30, 2004. After that, rates are subject to availability.

Tuition
Includes meeting materials, continental breakfast, luncheon and coffee breaks
☐ $100 – Physicians
☐ $25 – Fellows and Residents

Workshops
I plan to attend Workshop  A ☐  B ☐  C ☐  D ☐
(please check one)

Payment Method
☐ Check payable to SLRHC-CME is enclosed
or
☐ Credit Card Number ________________________________ Exp. Date ______
☐ American Express ☐ Mastercard ☐ Visa ☐ Discover
Cardholder Name ____________________________________________
Signature ___________________________ Date___________

Payment must accompany registration.

Fax this form to: (212) 523-2074
Mail to: Office of Continuing Medical Education
St. Luke’s & Roosevelt Hospitals
1111 Amsterdam Avenue - Travers 517
New York, NY 10025

Further Information
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www.chpnet.org/cme
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